



PRAISE & PRAYER

MINISTRY REPORT

JUNE / JULY
2023

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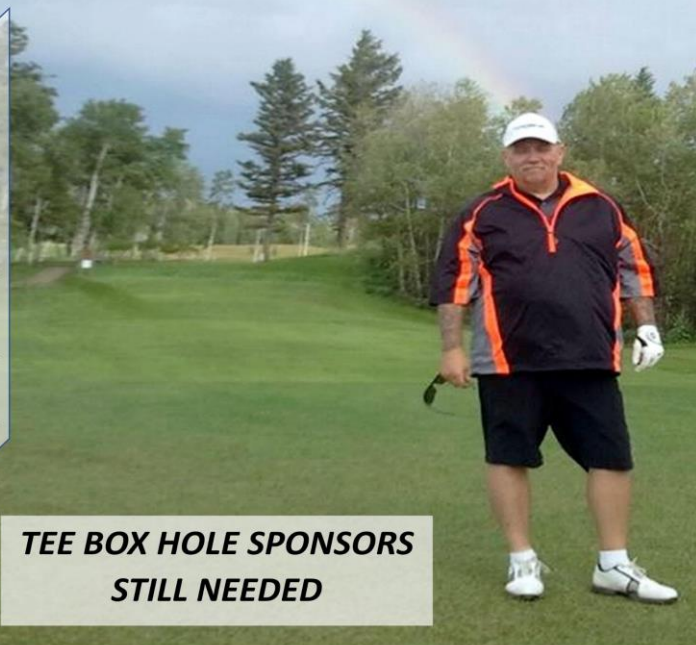
6th Annual



PRESENTING SPONSOR



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STILL NEEDED

*Thank You
ServiceMASTER Restore
for being Psalm 23's
Presenting Sponsor of our
Keith Rowlands Memorial
Golf Tournament for the last
6 years...utterly amazing.*

*We are also very thrilled for
the sponsorships who have
partnered with us ...please
support these businesses.*

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Psalm 23's Keith Rowlands Memorial Golf Tournament

In 2015, the Rowlands family partnered and chose Psalm 23 Transition Society as the benefiting charity. Psalm 23 is a not-for-profit organization which relies primarily on community donations to help individuals and families in need. Funds raised from this event go directly to helping fund the supportive treatment programs at the Psalm 23 Training Centre

About Keith Rowlands

Keith entered Psalm 23's Recovery Program back in 2001 and wanted to change his life and be a man of impact and to be a father of integrity to his 4 children.

Keith surrendered and asked the Lord Jesus Christ into his life and accepted the Grace and Forgiveness and this stirred his heart to reach out and care for others.

Keith made great strides in his life and volunteered for Psalm 23 and eventually worked in the Ministry. Keith left Psalm 23 to pursue his higher education and went to University of the Fraser Valley to achieve his Counselling Degree and work towards his Masters.

In 2007, Keith was the first alum awarded with Psalm 23's Courageous Starfish Award. Keith not only displayed the courage to change his life but had such a transformation in being a father and son to his family. Keith also was instrumental to serving community in many facets while coming beside those who were hurting in their addictions and provided encouragement and support throughout his years.

Keith also had a passion to golf and would always have suggestions on how others could better their game...he loved to laugh and lift others up. Keith would always get excited when his brother and parents would get to go golfing together.

One day while golfing with Founder/Executive Director Marvin Declare at the 108 Golf Course, Keith saw this amazing double rainbow and he asked Marvin to take a picture as he stood under it. After the picture Keith said, "We should start a golf tournament to help support the Training Centre that helps so many".

After Keith passed in 2015, God placed the Memorial Golf Tournament on our hearts and put it in motion. The tournament is held in August of each year.

This legacy for Keith and his family will continue his tradition of giving back, changing lives and sharing the Love of Jesus Christ at Psalm 23 and community.



SHELLEY DECLARE
Administration Director

ADMINISTRATION REPORT

The Board of Directors would like to clearly communicate our 2023 financial picture so there is opportunity to pray about the needs of our budget giving.

Would you, business and family pray into becoming a partner into the ministry of Psalm 23. We are praying that God will put it on other's hearts to consider donating monthly. We have a need to raise our monthly giving by \$3,000.00 per month to support the raising cost of operations since 2022. Every bit helps!

"Your Support Continues to Make a Difference"

Psalm 23 continues to be busy searching and writing grant requests to support our programs. Please pray into these grant requests, while Psalm 23 will continue to be transparent to our needs.

PRAY into Psalm 23 and support us in changing lives!

- E-transfers can be sent to psalm23society@shaw.ca
- You can call Shelley Declare at Psalm 23 and she can put credit card donations through with our interact machine. 250-459-2220
- You can also send cheques to the addresses on our cover page.
- Donations can also go through PayPal.
- **ALL DONATIONS MADE TO PSALM 23 WILL RECEIVE OFFICIAL TAX RECEIPTS IN JANUARY 2024.**

**Psalm 23 would like to thank you all for the continued support in 2023
Your help continues to Restore Lives - One Person at a Time!**



VOLUNTEERS NEEDED



THRIFT STORE

Psalm 23 is looking to open our Thrift Store in the next couple of months. The Thrift Store will be a valued income stream to support the life changing programs in Psalm 23's Addiction Treatment Facility. To open, we need to build a foundation of volunteers who would like to support lives being restored! If you are interested or would like more information, please contact Executive Director Marvin Declare at 604-835-0855 or email psalm23society@shaw.ca



PRAISE & PRAYER 2023 FINANCIAL REPORT

Revenue – January - \$21,277.75
Expenses – January - \$28,115.19
SURPLUS (DEFICIT) (\$5,837.44)

Revenue – February - \$21,943.73
Expenses – February - \$23,691.28
SURPLUS (DEFICIT) (\$1,747.55)

Revenue – March - \$24,860.23
Expenses – March - \$29,898.22
SURPLUS (DEFICIT) (\$5,037.99)

Revenue – April - \$24,352.81
Expenses – April - \$25,177.71
SURPLUS (DEFICIT) (\$824.90)

Revenue – May - \$25,232.34
Expenses – May - \$27,573.83
SURPLUS (DEFICIT) (\$2,341.49)

Revenue – June - \$42,034.00
Expenses – June - \$30,793.57
SURPLUS (DEFICIT) \$11,240.43

Revenue – July - \$28,542.84
Expenses – July - \$26,492.87
SURPLUS (DEFICIT) \$2,049.97

YTD REVENUE = \$189,243.70
YTD EXPENSES = \$191,506.67
SURPLUS (DEFICIT) = (\$2,262.97)

2023 FISCAL BUDGET REVENUE
\$406,425.00

2023 FISCAL BUDGET SHORTFALL
(-\$217,181.30)





MARVIN DECLARE
Founder/Executive Director



Breaking Free from Controlling Habits

Since the beginning of the year, I have started to see the patterns of old controlling habits coming back in some students and in a couple of Psalm 23 alumni. We get to see and experience various positive patterns and habits get developed, but we also see old habits take strongholds.

I have worked with many people since 2001, both individuals and families. Motivation and setbacks can break down to the willingness of three kinds of people. There are **spectators**, **anticipators**, and **participators**.

The **spectator** is just there to observe; the **anticipator** is expecting real blessings but not doing anything about it; and the **participator** is busy getting honest, praying, volunteering, planning, and doing the deep-rooted work. The **participators** are the minority, the sacred few who are doing "more than others."

When talking about breaking free from habits, most people's thoughts immediately switch to...well this will be a good one for the drug addict and the alcoholics, they need a message like this. While I agree, 2 Peter 2:19 goes so much further than that...every person has the need to break free from something in their life. Peter says, "For a man is a slave to whatever has mastered him." (NIV). We will never know the freedom of being in God's presence as long as we remain enslaved.

Some people are a slave to work, some people are slave to jealousy, some people are slave to gossip, and many are slave to anger, pornography, various other addictions, and vices that hold us in bondage. So, let's take an inventory of the controlling **NEGATIVE HABITS** we allow in our lives, that needs to be broken

#1. HOW DO WE IDENTIFY A CONTROLLING HABIT---Do you do something you wish you wouldn't do? Do you find yourself continuing to do it anyway, even though you have tried to stop or change it? A controlling habit is something you find yourself doing even though it is destructive either physically, mentally, emotionally, relationally, or spiritually. Romans 7:15 For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. (ESV)

You must understand many good people are bound by bad controlling habits. Some of us, reason in our minds, if we admit we have a habit than we are less than spiritual. Using denial and defense mechanisms is not the way to deal with the problem.

Be honest, look at your life and like Paul, evaluate the things you find yourself doing that you hate. Realize the importance of the identification process and then submit your own inabilities to make the necessary changes. I encourage you to take a moment sometime today, tonight or this week and write down the habits in your life that you want to see absolute victory in.

In the addiction process we have come to know that our greatest spiritual challenges came from; **abandonment issues, materialism, pride, self-centeredness, laziness, anger, bitterness, sexual lust, envy, gluttony and lying**. Those we counsel at Psalm 23 noted that temptations seemed more potent when they neglected their time with God and when they experience being tired physically. We are also vulnerable during these times. We can become self-confident, instead of God confident. We need to be aware that we are also vulnerable to overconfidence when we experience a spiritual victory. The Sin of Pride is an absolute killer among many good people, God sees our secret sins and vices.

#2. WHY ARE CONTROLLING HABITS SO POWERFUL?--- They slowly bind you. Life controlling habits are formed at a pace almost unnoticeable. Usually, a person doesn't even know they have formed a habit in their life. And if someone asks, they say, "I can quit at any time. This isn't a problem." When we use denial and defense mechanisms, we know that we are in trouble. Habits are like a cable. Each day we do something in a pattern, we intertwine one thread with another. As the threads are woven together a cable is formed. On any day, the threads we added were too small to be noticed. But, after many threads have been woven in, we find that together they have become an unbreakable cable. So it is with habits, daily practices over time become habits that seem unbreakable. For example, the person who smokes isn't addicted on the first pack of cigarettes. It takes time after time smoke after smoke before the body becomes dependent upon nicotine.

Habits are formed through willful behavior A person has given in so many times to this belief, that they are now addicted. This is one of the reasons why it is so important to get to your root causes to start the healing process. This is the reason a habit is so powerful because it is so subtle. Awareness and Acceptance can provide the foundation to having the willingness to change the behavioural habit. Once a habit has broken your will to fight, you feel a sense of hopelessness. Habits destroy you in many ways: Physically, spiritually, mentally, emotionally, and relationally.

#3. NEW HABITS TO REPLACE THE BAD ONES--- Bad controlling habits must be replaced by good ones. Find support from others, it is essential for your recovery or healing. We start our healing process by admitting our faults to one another. You may question, why do I need to drag another person into this? Why can't I just admit it to God? Why don't I just pray about it, make a list, talk to God about it? But why do I need to tell another person? Admit you have a problem. Everything starts with confession. Accepting the responsibility that you have a problem. They say in the Twelve Steps program, that you cannot win until you know you have a problem.

1Jn.1:9 "If we confess our sin, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." I believe true healing starts with confession. Many people give in to a state of denial, they never admit they have a problem therefore they never break free. The first step is recognizing you are bound, and you have a problem that is the first step in breaking free.

We all have experienced, rejection, fear, hurt and distrust, so we need to get to admitting (not blaming) that our root cause is the abandonment we have experienced, the root of our problem is relational. It is not about blaming parents or care givers, but to understand everyone who walks this earth has experienced abandonment, yes, even Jesus. We lie to each other. We deceive each other. We're dishonest with each other. We wear masks. We pretend we have it together. But we don't. and we deny our true feelings, and we play games. As a result, we end up living with shame and it makes us insecure. We start to believe that If someone really knows the truth about me, they wouldn't love me. God says revealing your feelings is the beginning of healing. The amazing thing is, when you risk honesty with someone, all a sudden, this feeling of freedom comes into your life. You realize that everybody has habits and often they have the same one you do. James. 5:16 "Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective."

Take one day at a time. Matt. 6:11 "Give us this day our daily bread." Why? Because God wants to give you enough strength to change for one day, one situation, not for the week, one month, the rest of your life. He wants to take it one day at a time, so you trust in Him.

That's like the old saying, "How do you eat an elephant? One bite at a time." You take a life problem (you did not get the habit over night) and you break it down into bite size pieces and you work on it one day at a time and you get God's strength one Day at a time.

Any victory, no matter how minor you may think it is, thank God for it, and you take one defeat at a time, and you get victory one day at a time. Phil 4:13 "I can do all things through Christ who strengthens me"

THE MIRACLES CONTINUE

Alumnus Sobriety Celebrations

JUNE CELEBRATIONS

Rick S. – 19 yrs. Ian Mc. – 19 yrs. Dan B. – 14 yrs.
Robert D. – 11 yrs.

JULY CELEBRATIONS

Tom K. – 19 yrs., Antonio Q. – 19 yrs., Gordon M. – 18 yrs.
Robert Mc. – 18 yrs., Gerald P. – 17 yrs. Dave M. – 16 yrs.,
Gordon R. – 16 yrs., Alex Mc. – 13 yrs., Bill L. – 13 yrs.,
Mike E. – 13 yrs., Jake K. – 7 yrs.

AUGUST CELEBRATIONS

Matt S. – 17 yrs., Darren G. – 17 yrs., Ray V. – 17 yrs.
Dale M. – 16 yrs., Frank K. – 16 yrs. Scott H. – 14 yrs.,
Anthony S. – 11 yrs., Brad A. – 10 yrs., Terry S. – 10 yrs.,
Ryan Mc. – 10 yrs., Marcus R. – 4 yrs.

SEPTEMBER CELEBRATIONS

Duane B. – 19 yrs. Duane D. – 18 yrs. John P. – 17 yrs.
Edward L. – 17 yrs. Brad M. – 15 yrs. Robert B. – 14 yrs.
Maurice M. – 13 yrs.

FUNDRAISING EVENTS

1st Event – Saturday, September 16, 2023
– 6th Annual Keith Rowlands Memorial Golf Tournament

2nd Event – Friday, October 27, 2023
– Psalm 23's Fall Dinner & Starfish Awards



Marvin Declare
Founder / Executive Director

WILL YOU PARTNER WITH PSALM 23 & HELP US RESORE LIVES ~ ONE PERSON AT A TIME!

As a non-profit Canadian charitable organization, I would like to personally thank you for your time and effort in considering Psalm 23 as a worthy cause to support within the community and our fundraising endeavors to support our life changing treatment programs.

Addiction leads to broken families, lost jobs, children placed into foster care, rising crime rates, homelessness and ultimately death. The intent of our fundraisers is to promote community spirit, family fun, addiction awareness and support for the homeless and those afflicted by addictions and mental illness. All monies raised in this fundraiser will be placed towards supporting the life changing Recovery Programs of Psalm 23's Training Centre.

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We here at Psalm 23 Transition Society are Making a Difference – One Person at a Time in communities throughout British Columbia and we appreciate the generous contributions of our community sponsors, from individuals to corporate businesses who believe in the rewards of supporting and participating in our Canadian Charity. Our sponsors recognize their unique opportunity to be a part of a Non-Profit Organization dedicated to promoting wellness within British Columbia.

In this Praise Report you will see our posters for our two fundraisers coming up in September and October in Abbotsford, BC.

Pray how you, your family or business can support these fundraisers? Pray...Partner at a sponsorship level...Enter a foursome and play in the tournament...Donate a prize or gift cards for the silent auction or prize giveaways...Volunteer your time! You can call me on my cell 604-835-0855 or email psalm23society@shaw.ca and I can answer all questions or arrange pick up of any gifts, prizes, or gift cards you would be willing to donate. Everything helps!

We hope you; your family or business can support our Courageous Starfish Awards & Charity Dinner event...Purchase a table of 8 and fill it with your influential friends and family...Donate silent auction items...Come prepared to participate in the Love Offering and help support the life changing programs...Volunteer...Pray for our evening speakers!



Psalm 23 would like to share the wonderful news...we asked you to pray in our last praise report, and God has provided.

Our Courageous Starfish Awards have been blessed with a new Presenting Sponsor – Please welcome “The Matheson Family Foundation” as our prestigious Presenting Sponsor...THANK YOU DANA, LAUREL & FAMILY!



2023

COURAGEOUS STARFISH AWARDS

& Charity Dinner



YOUR INVITED

Witness God’s Miracles and celebrate testimonies of Amazing Grace and be a part of the lives that now walk in freedom from the bondage of addictions.

An inspirational night with a deeper understanding of the Ministry of Psalm 23 Transition Society

Friday, October 27, 2023

**Doors Open @ 5:00 pm
Dinner @ 6:00 pm**

**Where: Bakerview Church
2285 Clearbrook Road
Abbotsford, BC**

Dinner Tickets - \$50.00

You can purchase a Table of 8 for \$400.00 and receive at \$350.00 tax receipt

Reserve your table / tickets today

“Semi-Formal Dress Code”

**Contact: 604-835-0855
or psalm23society@shaw.ca**



Psalm 23 Student
Jim Wells
will be sharing his
testimony.



Psalm 23 Alumnus
Tyrin Franzen
will be sharing his
testimony.



Alumnus Joe Hawkins
*2023 Courageous Starfish Award
Recipient*

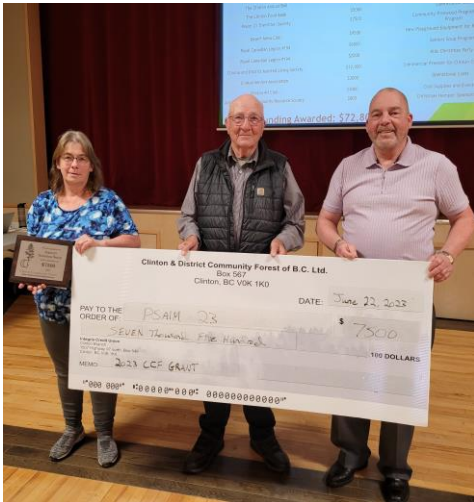
A FREE WILL LOVE OFFERING

will be taken to support the 2023 financial budget of Psalm 23, allowing the Ministry to continue to provide life changing programs those in need.

CHARITY DINNER

Tossed Green Salad, Traditional Greek Salad, Mashed Potato, Peas with Mushrooms, Buttered Carrots, BC Salmon, Roast Beef & Yorkshire Pudding and Apple Pie with Ice Cream

Catered by Valley Caterers



THANK YOU!
CLINTON & DISTRICT COMMUNITY FOREST
FOR YOUR GENEROUS GRANT OF \$7,500
TO SUPPORT OUR
2023 PSALM 23 FIREWOOD PROGRAM

As we are getting later into the season, would you please lift prayers as there seems to be a shortage of available firewood logs available to Clinton & District Community Forest Firewood Program. It may affect the donation amount that we can provide to community this year. We thank Clinton & District Community Forest for all their hard work and time in trying to source the material needed.

Psalm 23 has stayed very active over the last few months with providing outreach support to various senior's groups in Clinton and 70 Mile House.

Administration Director, Shelley Declare worked with our students in preparing and serving a catering event in 70 Mile House. Since covid-19, Psalm 23 has been in the process of closing our catering division because of the rising cost of operations.

On Saturday, August 26th at 10 am, Psalm 23 will host a Graduation Ceremony. This is open to the public!



PO Box 387, Clinton, BC. V0K 1K0 - B - (250)-459-2220, F - (250)-459-2260, E-mail - psalm23society@shaw.ca

Registered Charitable Organization - Business Number # 85907 4171 RR0001

PERSONAL / FAMILY / BUSINESS PLEDGE CARD

YES - I would like to support the Ministry of Psalm 23 monthly "

"If you prefer to use Pre-Authorized Checking then please include a VOID cheque"

All personal information is for the sole purpose of Psalm 23 and will not be shared with anyone outside our organization



- | | | |
|--|--|---|
| <p>(Starfish Club)
 \$30.00 X _____ = (\$ _____ per month)</p> | <p>(Sponsor a meal)
 \$3.23 X _____ = (\$ _____ per month)</p> | <p>(Business Starfish Sponsorship)
 \$50.00 X _____ = (\$ _____ per month)</p> |
| <p>(Hope Fund)
 \$100.00 X _____ = (\$ _____ per month)</p> | <p>(Half month Student Scholarship)
 \$500.00 X _____ = (\$ _____ per month)</p> | <p>(Full month Student scholarship)
 \$1,000 X _____ = (\$ _____ per month)</p> |

_____ 15th of the month _____ 30th of the month this is a one-time gift of \$ _____

Name: _____ Signature: _____

Address: _____ City: _____ Postal Code: _____

Email: _____ Telephone: _____