



**PRAISE & PRAYER
MINISTRY REPORT
JANUARY / FEBRUARY
2023**

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THE DOING OF RECOVERY

²“The LORD was very angry with your ancestors. ³Therefore tell the people: This is what the LORD Almighty says: ‘Return to me,’ declares the LORD Almighty, ‘and I will return to you,’ says the LORD Almighty. ⁴Do not be like your ancestors, to whom the earlier prophets proclaimed: This is what the LORD Almighty says: ‘Turn from your evil ways and your evil practices.’ But they would not listen or pay attention to me, declares the LORD. ⁵Where are your ancestors now? And the prophets, do they live forever? ⁶But did not my words and my decrees, which I commanded my servants the prophets, overtake your ancestors?

“Then they repented and said, ‘The LORD Almighty has done to us what our ways and practices deserve, just as he determined to do.’”

Zechariah 1:2-6 NIV

The hardest part of recovery is that it requires us to change. We may be intrigued by the idea of recovery. We may be inspired by stories about recovery. We may be convinced of our need for recovery. These and many other cognitive processes are relatively easy for us. But the doing of recovery is hard because it means change. And change is difficult.

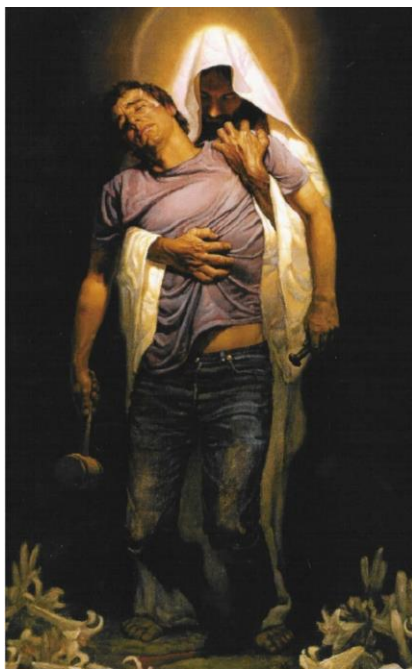
We understandably resist change. We are angry that we must change. We feel shame that we need to change. And we are afraid that we will not be able to change. We know that there will be moments when we’ll find ourselves saying, “I can’t do it, it’s too tough.”

But change is also the most exhilarating part of recovery. We didn’t have to live in bondage to our addictions. We don’t have to run in fear from relationships. We don’t have to live as if we were responsible for the world. We can learn serenity. We can find freedom. We can experience love.

Change is the most difficult and the most wonderful part of the recovery process. It engages us in a major internal battle. It is not a comfortable battle. But our capacity to change is the key to our hope.

God has given us the ability to change and grow. He calls us to change. He gives us the perspectives and disciplines and encouragements we need. And, as we allow and invite him, God himself works within us to strengthen us, heal us, and make us new.

My prayer for those seeking change...“Father, encourage those seeking change to believe that they actually can change, with Your help...Amen”



Psalm 23 would like to thank Ground Zero Ministries for supporting our food program with this wonderful donation!

Psalm 23 would like to thank one of our anonymous donors for the 100 lbs of ground beef, Thank You





SHELLEY DECLARE
Administration Director

ADMINISTRATION REPORT



“Your Support Continues to Make a Difference”

2022 has been a year of ups and downs; blessings and disappointments but thru it all God has been faithful! We were able to still receive the HHBRP (hardest hit business recovery program) subsidies from the Federal Government from January to June. The BC Gaming Grant that we applied for in June 2022 was approved and we will be receiving \$10,000.00 more than the previous year (80,000.00 to 90,000.00). There were no other subsidies or grants for 2022.

In November, we were blessed with a \$ 10,000.00 cheque from Samaritan Inn. The Samaritan Inn, in Abbotsford was dissolved and their board, after paying all bills and disposing of any assets decided to give a portion to Psalm 23.

With peoples’ financial situations continually changing, we lost a few monthly donors and are praying that God will put it on other’s hearts to consider donating monthly. We have a need to raise our monthly giving by \$3,000.00 to continue the life changing programs of Psalm 23.

Overall, Psalm 23 has remained out of the Line of Credit for another year (4 years in a row), and we exceeded our budgeted income for 2022.

Psalm 23 would like to thank all those who supported the ministry in 2022...In the financial report to the right of this update, you will see the final numbers for 2022 at the bottom. We appreciate all those who poured into Psalm 23 this past year...Thank You Jesus!

The Board of Directors would like to clearly communicate our 2023 financial picture so there is opportunity to pray about the needs of our budget giving.

Psalm 23 continues to be busy searching and writing grant requests to support our programs. Please pray into these grant requests, while Psalm 23 will continue to be transparent to our needs.

PRAY into Psalm 23 and support us in changing lives!

- E-transfers can be sent to psalm23society@shaw.ca
- You can call Shelley Declare at Psalm 23 and she can put credit card donations through with our interact machine. 250-459-2220
- You can also send cheques to the addresses on our cover page.
- Donations can also go through PayPal.
- **ALL DONATIONS MADE TO PSALM 23 WILL RECEIVE OFFICIAL TAX RECEIPTS IN JANUARY 2024.**

Psalm 23 would like to thank you all for the continued support in 2022
Your help continues to Restore Lives - One Person at a Time!



PRAISE & PRAYER 2023 FINANCIAL REPORT

Revenue – January - \$21,277.75
Expenses – January - \$28,115.19
SURPLUS (DEFICIT) (\$5,837.44)

Revenue – February - \$21,943.73
Expenses – February - \$23,691.28
SURPLUS (DEFICIT) (\$1,747.55)

YTD REVENUE = \$44,221.48

YTD EXPENSES = \$51,806.47

SURPLUS (DEFICIT) = (\$7,584.99)

2023 FISCAL BUDGET REVENUE
\$406,425.00

2023 FISCAL BUDGET SHORTFALL
(-\$362,203.52)



2022 YEAR END FINANCIALS

Revenue – December - \$39,347.21
Expenses – December - \$25,585.70
SURPLUS (DEFICIT) \$13,761.51

2022 REVENUE = \$408,576.81

2022 EXPENSES = \$381,324.44

SURPLUS (DEFICIT) = \$27,252.37

Congratulations!

Psalm 23 has been so blessed to see so many Program Phase Graduates in 2022. It is a very difficult achievement for our students, but our Lord is a Miracle Worker and continues to provide restoration to those who were once lost and broken.

Below are two of our recent Graduates. Congratulations to December 2022 Program Graduate Colton Hoffard and January 2023 Assessment/Stabilization Phase Graduate, John Rawlings .

Colton has now moved into Psalm 23's 6-month leadership Program...well done men!

Thank you to the Care Team, Volunteers, and our supporters for the part you supported in their lives!

COLTON HOFFARD DECEMBER 31, 2022 – PROGRAM GRADUATION



JOHN RAWLINGS JANUARY 2023 – ASSESSMENT/STABILIZATION PHASE



THE MIRACLES CONTINUE

Alumnus Sobriety Celebrations

JANUARY CELEBRATIONS

Ron B. – 19 yrs., Mar5k K. – 18 yrs., Kent L. – 17 yrs.
Brandon Mac. – 16 yrs., Caleb Y. – 16 yrs. Gary B. – 16 yrs.,
Minh T. – 16 yrs., Adam V. – 15 yrs., Abe S. – 13 yrs.,
Diego T. – 11 yrs.,

FEBRUARY CELEBRATIONS

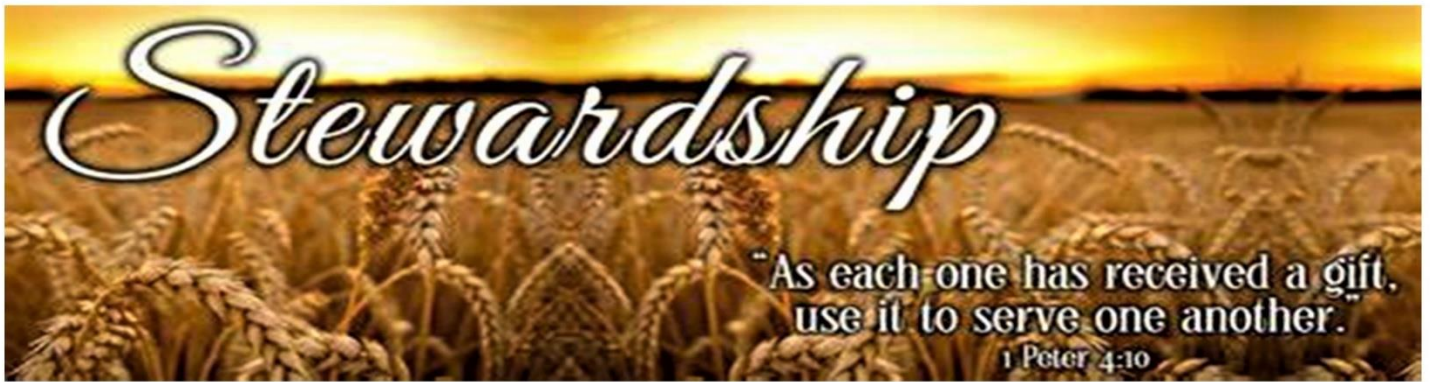
Joseph M. – 19 yrs., Don B. – 19 yrs., Brian M. – 19 yrs.
Walter M. – 18 yrs., Tony S. – 18 yrs. Bruce P. – 17 yrs.,
Frank B. – 16 yrs., Kelly K. – 14 yrs., Gary M. – 12 yrs.,
Emil S. – 11 yrs., Leighton D. – 9 yrs. Conner B. – 8 yrs.

MARCH CELEBRATIONS

Dale W. – 19 yrs. Chris G. – 19 yrs. Kevin T. – 19 yrs. Randy W. – 18 yrs.
Mike B. – 18 yrs. Joe J. – 17 yrs. Jack N. – 17 yrs. Ed T. – 16 yrs.
Paul. V. – 16 yrs., Stephen J. – 16 yrs. Kyle A. – 15 yrs.
Wayne H. – 15 yrs. Ken Mc. – 15 yrs. Kent G. – 14 yrs. Nic C. – 13 yrs.
Rick G. – 13 yrs. Albert A. – 11 yrs. Daniel S. – 8 yrs. Chris K. – 7 yrs.
Gabriel N. – 5 yrs. Joswald C. – 3yrs, Colton H. – 1 yr.

APRIL CELEBRATIONS

William C. – 18 yrs. Terrance D. – 18 yrs. James M. – 18 yrs.
Clifford D. – 17 yrs. Greg M. – 9 yrs. Scott K. – 9 yrs.



2023 PSALM 23 AGM - 3 NEW BOARD MEMBERS VOTED INTO STEWARDSHIP!

Psalm 23 enjoyed a nice turn out on Saturday, March 4th at our AGM in Abbotsford. With many positive reports, discussions and questions the 2023 budget was approved along with the voting in of 3 new Board Members. Each new board member have committed to serve for a 3 year term.

Please welcome Kerry Friesen, Murray Lipp and Kal Sidhu to the Board family of Psalm 23. We pray for God to work through you in directing the Ministry of Psalm 23.

Psalm 23 would also like to thank long time board member Leon Chretien for your many years of serving on the board and appreciate your heart and direction. As you step down from your board responsibilities, Psalm 23 prays you find rest and enjoy time with your family.

2023 PSALM 23 BOARD OF DIRECTORS



Matt Thiessen
Board Chair



Ed Dyck
Vice Chair



Kerry Friesen
Treasurer



Kal Sidhu
Secretary



Murray Lipp
Member at Large

MINISTRY NEWS

2022 PSALM 23 TRANSITION SOCIETY - YEAR END EVALUATION STATISTICS

Total available Treatment program beds – 8
 Total Living Sober beds – 5
 Total students entering the program – 23
 Total homeless entering the program – 20
 Total program bed nights – 1,701
 Total emergency shelter bed residents – 18
 Total emergency shelter bed nights provided – 312
 Total program meals served – 8,023
 Total emergency bed meals served – 936
 Counselling sessions provided – 163
 Bridged off income assistance – 6
 Started full time work – 6
 Entered a schooling program – 1
 Decisions/Rededications for Christ Jesus – 14
 Baptisms – 3

GRADUATED PROGRAM PHASE LEVELS:
 Level One – Assessment/Stabilization Phase – 9
 Level Two – Foundation Phase – 4
 Level Three – Intensive Program Phase – 3

TOTAL CURRENT STAFF:
 Full-Time live-in staff – 4
 Part-time staff – 1
 Volunteers – 5

COMMUNITY OUTREACH:
 Family interventions provided – 10
 Community speaking engagements – 7
 Food hampers given out to community – 52
 Food items donated to community – 1,723
 Clothing items donated to community – 458
 Furniture pieces donated to community – 212
 2022 Annual Budget - \$398,530.00



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Registered Charitable Organization - Business Number # 85907 4171 RR0001

PERSONAL / FAMILY / BUSINESS PLEDGE CARD

YES - I would like to support the Ministry of Psalm 23 monthly “

“If you prefer to use Pre-Authorized Checking then please include a VOID cheque”
All personal information is for the sole purpose of Psalm 23 and will not be shared with anyone outside our organization

 Everyday Simply  	<p>(Starfish Club) \$30.00 X ____ = (\$ _____ per month)</p> <p>(Hope Fund) \$100.00 X ____ = (\$ _____ per month)</p> <p>____ 15th of the month</p>	<p>(Sponsor a meal) \$3.23 X ____ = (\$ _____ per month)</p> <p>(Half month Student Scholarship) \$500.00 X ____ = (\$ _____ per month)</p> <p>____ 30th of the month</p>	<p>(Business Starfish Sponsorship) \$50.00 X ____ = (\$ _____ per month)</p> <p>(Full month Student scholarship) \$1,000 X ____ = (\$ _____ per month)</p> <p>this is a one-time gift of \$ _____</p>
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Name: _____ Signature: _____

Address: _____ City: _____ Postal Code: _____

Email: _____ Telephone: _____